

# Center for Nutritional Medicine

## Emotions and Organs



### Emotional Areas That Require Resolving and Conquering

(Based on your answers, nutritional health, and medical history - Your health program will be individually adjusted to support these areas.)

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Emotions				Organs Affected
Select		Select		Heart or Small Intestine
	Abandonment		Effort Unreceived	
	Betrayal		Heartache	
	Forlorn		Insecurity	
	Lost		Overjoy	
	Love Unreceived		Vulnerability	Spleen or Stomach
	Anxiety		Failure	
	Despair		Helplessness	
	Disgust		Hopelessness	
	Nervousness		Lack of Self-Control	
	Worry		Low Self-Esteem	Lung or Colon
	Crying		Confusion	
	Discouragement		Defensiveness	
	Rejection		Grief	
	Sadness		Self-Abuse	
	Sorrow		Stubbornness	Liver or Gall Bladder
	Anger		Depression	
	Bitterness		Frustration	
	Guilt		Indecisiveness	
	Hatred		Panic	
	Resentment		Taken for Granted	Kidneys or Bladder
	Blaming		Conflict	
	Dread		Creative Insecurity	
	Fear		Terror	
	Horror		Unsupported	
	Peeved		Wishy Washy	Glands & Sexual Organs
	Humiliation		Pride	
	Jealousy		Shame	
	Longing		Shock	
	Lust		Unworthy	
	Overwhelm		Worthless	